



# UNWRAPPING MEMORIES:

*A week of holiday-themed life story questions*

## **DAY 1:** Mouthwatering Life Story Questions about Holiday Meals

- 1 Describe the scene in the kitchen/dining room at your family holiday gatherings. Who hosted? What was the kitchen like? Who did the cooking? Was it lively and loud, or more quiet and subdued? Was there music playing? Did you eat on fine china or paper plates?
- 2 What was the seating arrangement? Could you all fit at one table? Did kids eat somewhere else? Was there anyone you wanted to sit by? Someone you wanted to avoid?
- 3 What foods always made an appearance on your holiday table? What were your favorite dishes? Least favorite?
- 4 Were there ever any cooking mishaps during holiday meal preparation? How did it turn out, and what was the aftermath?
- 5 What is your most memorable holiday meal? Why? (The last Christmas with a loved one? A family fight? Your uncle drank too much eggnog?)